



PROVIDENCE
ACADEMY®

PARENTS' NIGHT OUT

Evidence-Based Parenting

IMPROVING THE ODDS FOR OUR CHILDREN

with Leonard Sax, MD, PhD

Providence Academy | Great Hall

Friday, November 17, 2023 | 6:00 p.m.–9:00 p.m.

Workshop, Hors d'oeuvres, Book – *The Collapse of Parenting* | \$50



DR. LEONARD SAX earned both his PhD in psychology and his MD. After over 18 years of family practice, he devoted himself full-time to visiting schools, researching, and writing. He returned to clinical practice in 2013 and continues to lead workshops and give keynotes. He has written four books for parents: *Why Gender Matters*, *Boys Adrift*, *Girls on the Edge*, and *The Collapse of Parenting*—a New York Times bestseller. Video streaming of some of his TV interviews and links to articles are available at www.leonardsax.com.



RSVP ONLINE [HERE](#)

DR. SAX WILL PROVIDE EVIDENCE-BASED ANSWERS TO KEY QUESTIONS

- What one thing can parents do to greatly improve the odds that their child will grow up to be healthy, happy, and successful?
- Why are so many kids now so fragile?
- At what age is it OK for a child to have a smartphone, and how do we know?
- What's driving the rise in anxiety and depression and disengagement among American kids? What can I do as a parent?
- How much time spent playing video games is too much time, and how do we know?
- The more time a child or teen spends on a social media app, the more likely they are to become depressed. That's a huge effect for girls, but a much smaller effect for boys. How come?
- How much should I know about my kids' social media?