

Providence Academy

Lunch Menu Included Daily with Lunch Entree: Soup of the Day and Fresh Fruits & Vegetables at the Salad Bar

November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Meatballs with Gravy Homemade Mashed Potatoes Steamed Vegetable Fruit Cup Included with Lunch: Soup of the Day & Salad Bar	2 Chicken Teriyaki Basmati Rice Steamed Vegetable Fruit Cup Fortune Cookie Included with Lunch: Soup of the Day & Salad Bar	3 NO SCHOOL	4 NO SCHOOL
Chicken Tenders Baby Red Potatoes with Gravy Steamed Vegetable Fruit Cup ncluded with Lunch: Soup of he Day & Salad Bar	8 Sweet Italian Sausage Cavatappi in Tomato Sauce* *Gluten Free Available Dinner Roll Dessert Treat Included with Lunch: Soup of the Day & Salad Bar	9 Hot Ham & Cheese Croissant Carrot Sticks Kettle Chips Pudding Cup Included with Lunch: Soup of the Day & Salad Bar	10 Tasty 'N Tender Burger with Cheese* *Gluten Free Available Lettuce & Tomato French Fries Fruit Cup Included with Lunch: Soup of the Day & Salad Bar	11 Three Cheese Curly Macaroni* *Gluten Free Available Breaded Fish Fillet Steamed Vegetable Fruit Cup Included with Lunch: Soup of the Day & Salad Bar
Asta with Meat Sauce* Gluten Free Available Dinner Roll Fruit Cup ncluded with Lunch: Soup of he Day & Salad Bar	15 Crispy Orange Chicken Basmati Rice Steamed Vegetable Fortune Cookie Included with Lunch: Soup of the Day & Salad Bar	16 French Toast Sticks or Buttermilk Pancakes* *Gluten Free Available Sausage Link Tri Tator Yogurt Cup Included with Lunch: Soup of the Day & Salad Bar	17 Chicken Caesar Salad Dinner Roll Chocolate Chip Cookier Included with Lunch: Soup of the Day & Salad Bar	(18) Grilled Cheese on Texas Toast* *Gluten Free Available Potato Smile Tomato Soup Goldfish Crackers Included with Lunch: Soup of the Day & Salad Bar
21 Chicken Mini Taco Basmati Rice Seasoned Pinto Beans talsa Cup Included with Lunch: Soup of ne Day & Salad Bar	22 Taher Pepperoni Pizza Small Caesar Salad Ice Cream Cup Included with Lunch: Soup of the Day & Salad Bar	23 NO SCHOOL	24 NO SCHOOL HAPPY THANKSGIVING	25 NO SCHOOL
28 Tasty 'N Tender Burger with Cheese* Gluten Free Available ettuce & Tomato French Fries Fruit Cup neluded with Lunch: Soup of he Day & Salad Bar	29 Italian Penne Rosa: Pasta in a Red Alfredo Sauce with Tender Diced Chicken* *Gluten Free Available Garlic Bread Fruit Cup Included with Lunch: Soup of the Day & Salad Bar	30 Chicken Teriyaki Basmati Rice Steamed Vegetable Banana Cake with Sprinkles Included with Lunch: Soup of the Day & Salad Bar	This is for Food 4 Thought	
PRICES	A beverage selection is incl from: Milk, Small Juice, or Wa person. Menu questions can be answ the Food Service Director at	ater. Limit 2 per vered by calling	CHIY PEAR GREEN PEPPER	Menus and nutrition our app Taher Food4Life®