Providence Academy Health Office • Diabetic Emergency Plan

	Нурод	lycemia (Low Blood Sugar	·)
Student _	<u></u>	Date of Birth	Grade
School	Teacher	Ext. Date	of Plan
Physical Co	ndition Type 1	Type 2 Date of Diabetes Diagnosis	·
	Em	nergency Contact Information	
Parent/Guard	lian	Parent/Guardian	
Home	Work	Cell Home	Work Cell
Student's Hea	alth Care Provider		Phone
Hospital Prefe	-	Health Para	Phone
	Never send a child w	vith suspected low blood sugar	anywhere alone
	Causes of Hypogly Too much insulin Missed food Delayed food		<u>Onset</u> Sudden
	Too much or too intense ex Unscheduled exer		
<u>L</u>	Offscheduled exer	▼	
		Symptoms	
		▼	
	<u>Mild</u>	<u>Moderate</u>	<u>Severe</u>
Hunger	Anxiety Irritability	Headache Weakness	Unable to swallow
Shaky Weak	Pale Sweating Drowsy Dizziness	Behavior change Slurred speech Poor coordination Blurry vision	Combative
	onality change	Confusion	Loss of Consciousness
	ble to concentrate	Other	Seizure
Other			
Circle stu	ident's usual symptoms	Circle student's usual symptoms	Circle student's usual symptoms
•	▼	—	*
Notify nurse	e. If possible check blood a	Actions Needed lucose per health plan. When in doubt, alv	ways TREAT FOR HYPOGLYCEMIA
,	★	₩	*
	<u>Mild</u>	<u>Moderate</u>	<u>Severe</u>
	nay/ may not treat self	Get someone to assist	
Provide 15	5 gm Carb quick sugar	Give quick 15 gm. sugar source	Do not give anything by mouth Position on side if possible
Wai	t 10-15 minutes	Wait 10-15 minutes	Administer Glucagon as prescribed
Recheck blood glucose		Recheck blood glucose	Call 911
Repeat food if symptoms persist		Repeat food if symptoms persist	Call LSN
or blood glucose is <		or blood glucose is <	Contact parent/ guardian
Follow with s	snack of carbs and protein	Follow with snack of carbs and protein	Stay with student
	0.40	Fast Acting Sugar Sources	
	3-4 Glucose tabs	6oz sugared soda 1 tube	of Cakemate gel (19 gm)

4oz orange juice

3tsp sugar in water

15 gm glucose gel

Student	
---------	--

Date

Quick Reference Emergency Plan for Hyperglycemia High Blood Sugar

