

# Providence Academy Lunch Menu

February  
2020

Fresh vegetables, fresh & canned fruits are available daily  
with lunch from the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Tasty 'N' Tender Burger with Cheese* *Gluten free available Lettuce &amp; Tomato French Fries Fruit Cup</p>	<p><b>4</b></p> <p>Lemon Herb Chicken Basmati Rice Steamed Vegetable Fortune Cookie</p>	<p><b>5</b></p> <p>Hot Ham &amp; Cheese Croissant Carrot Sticks Kettle Chips Pudding Cup</p>	<p><b>6</b></p> <p>Oven Roasted Turkey Homemade Mashed Potatoes &amp; Gravy Steamed Vegetable Dessert Treat</p>	<p><b>7</b></p> <p>Tri-Color Cheese Tortellini with Alfredo Sauce Steamed Broccoli Fruit Cup</p>
<p><b>10</b></p> <p>Meatballs with Gravy Homemade Mashed Potatoes Steamed Vegetable Dessert Treat</p>	<p><b>11</b></p> <p>Sweet Italian Sausage Cavatapi in Tomato Sauce* *Gluten free available Garlic Breadstick Fruit Cup</p>	<p><b>12</b></p> <p>Chicken Fried Rice with Egg Roll Fortune Cookie</p>	<p><b>13</b></p> <p>Gemelli Pasta with Meat Sauce* *Gluten free available Garlic Breadstick Fruit Cup</p>	<p><b>14</b></p> <p>Grilled Cheese on Texas Toast* *Gluten free available Potato Smiles Tomato Soup Goldfish Crackers</p>
<p><b>17</b></p> <p>PRESIDENTS DAY NO SCHOOL</p>	<p><b>18</b></p> <p>Tasty 'N' Tender Burger with Cheese* *Gluten free available Lettuce &amp; Tomato French Fries Fruit Cup</p>	<p><b>19</b></p> <p>Chicken Teriyaki Basmati Rice Steamed Vegetable Fortune Cookie</p>	<p><b>20</b></p> <p>Soup &amp; Half Sub Sandwich* *Gluten free available Carrot Sticks Dessert Treat</p>	<p><b>21</b></p> <p>Popcorn Shrimp Caesar Salad Garlic Bread Fruit Cup</p>
<p><b>24</b></p> <p>Chicken Tenders with Gravy Steamed Baby Red Potatoes Steamed Vegetable Fruit Cup</p>	<p><b>25</b></p> <p>Oven-roasted Chicken Drumstick Buttermilk Biscuit with Sausage Gravy Steamed Vegetable Ice Cream Cup</p>	<p><b>26</b></p> <p>ASH WEDNESDAY Grilled Shrimp Penne Pasta with Alfredo Sauce* *Gluten free available Steamed Broccoli with Grape Tomatoes Garlic Breadstick Fruit Cup</p>	<p><b>27</b></p> <p>Crispy Orange Chicken Basmati Rice Steamed Vegetable Fortune Cookie</p>	<p><b>28</b></p> <p>Taher Three Cheese Pizza* *Gluten free available Small Caesar Salad Ice Cream Cup</p>
				 <p>Choose <b>MyPlate</b>.gov</p>

INFORMATION

EXTRA INFO

A beverage selection is included. Choose from: Milk, Small Juice, or Water. Limit 2 per person.  
Menu questions can be answered by calling the Food Service Director at 763-258-2535.

HARVEST OF



THE MONTH

Your Menus plus more information on our app  
Taher Food4Life®



www.taher.com

Menus are subject to change without notice.