



Providence Academy

Lunch Menu September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Harvest of the Month  Blackberry Summer squash Savory Nectarine Jalapeno Pepper Cilantro/Coriander	Farm to School Lunch Program Untiedt's Vegetable Farm, Inc. 	First Day of School Tasty N' Tender Burger* With Cheese Lettuce & Tomato French Fries Fruit Cup *Gluten free available August 28	Chicken Caesar Salad Garlic Breadstick Dessert Treat August 29	Grilled Cheese on Texas Toast* Potato Smile Tomato Soup & Goldfish Crackers *Gluten free available August 30
No School Harvest of the Month featured at the Salad Bar. August: Blackberries, Summer Squash, & Savory September: Nectarines, Jalapeno & Cilantro 2	Back to School Barbecue BBQ Chicken Drumsticks Sweet Potato Tots MN Sweet Corn Carrot Sticks Watermelon 3	Gemelli Pasta with Meat Sauce* Garlic Breadstick Dessert Treat *Gluten free available 4	Chicken Teriyaki Basmati Rice Steamed Vegetable Fortune Cookie 5	Popcorn Shrimp Caesar Salad Garlic Bread Dessert Treat 6
Crispy Orange Chicken Basmati Rice with Cilantro Steamed Vegetable Fortune Cookie 9	Meatballs in Gravy Homemade Mashed Potatoes Minnesota Sweet Corn Watermelon 10	Hot Ham & Cheese Croissant Kettle Chips Carrot Sticks Fruit Cup 11	Chicken Caesar Salad Garlic Breadstick Dessert Treat 12	Three Cheese Curly Macaroni* Breaded Tilapia Fillet Steamed Vegetable Fresh Nectarines *Gluten free available 13
Italian Dunkers with Meat Sauce* Steamed Vegetable Fruit Cup *Gluten free available 16	Spaghetti with Meat Sauce* Garlic Breadstick Dessert Treat *Gluten free available 17	Oven Roasted Turkey Homemade Mashed Potatoes & Gravy Minnesota Sweet Corn Dessert Treat 18	Tasty N' Tender Burger* With Cheese Lettuce & Tomato French Fries Fruit Cup *Gluten free available 19	Tri-Color Tortellini with Alfredo Sauce Steamed Broccoli Fruit Cup 20
Chicken Tenders with Gravy Baby Red Potatoes Minnesota Sweet Corn Watermelon 23	Penne Pasta with Meat Sauce* Garlic Breadstick Fruit Cup *Gluten free available 24	Soup & Half Sub Sandwich* Carrot Sticks Dessert Treat *Gluten free available 25	French Toast Sticks/Buttermilk Pancakes Sausage Link Tri Tator Yogurt Cup 26	Grilled Cheese on Texas Toast* Potato Smile Tomato Soup & Goldfish Crackers *Gluten free available 27



Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.

Daily Lunch Special Available at the Grill. See Grill Menu on the PA website or call 763-258-2535.

You can always get your menu questions answered by calling the Food Service Director at 763-258-2535.

A beverage selection is included with all lunches. Students may choose from the following items: Milk, Small Juice, Dannon Water. Limit 2 per person.