



# Providence Academy Lunch Menu

## November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
 Choose MyPlate.gov	<b>Harvest of the Month</b>  Apples Sweet Potatoes Rosemary		<b>Hot Ham &amp; Cheese Croissant</b> Kettle Chips Carrot Sticks Fruit Cup  <b>1</b>	<b>Grilled Cheese on Texas Toast*</b> Potato Smile Tomato Soup and Goldfish Crackers  *Gluten free available  <b>2</b>
<b>Spaghetti with Meat Sauce*</b> Garlic Breadstick Dessert Treat  *Gluten free available  <b>5</b>	<b>Tasty N' Tender Burger With Cheese*</b> Lettuce & Tomato French Fries *Gluten free available  <b>6</b>	<b>No School</b>	<b>Chicken Teriyaki</b> Basmati Rice Steamed Vegetable Fortune Cookie  <b>8</b>	<b>Popcorn Shrimp Caesar Salad</b> Garlic Breadstick Dessert Treat  <b>9</b>
<b>Crispy Orange Chicken</b> Basmati Rice Steamed Vegetable Fortune Cookie  <b>12</b>	<b>French Toast Sticks or Buttermilk Pancake</b> Tri Tator Sausage Link Yogurt Cup  <b>13</b>	<b>Beef Lasagna</b> Small Caesar Salad Garlic Bread Dessert Treat  <b>14</b>	<b>Meatballs in Gravy</b> Homemade Mashed Potatoes Steamed Vegetable Fruit Cup  <b>15</b>	<b>Three Cheese Curly Macaroni*</b> Breaded Tilapia Fillet Steamed Vegetable Dessert Treat *Gluten free available  <b>16</b>
<b>Chicken Tenders</b> Steamed Baby Red Potatoes with Gravy Steamed Vegetable Fruit Cup  <b>19</b>	<b>Chef's Choice</b>          <b>20</b>	<b>No School</b> 		
<b>Italian Dunkers with Meat Sauce*</b> Steamed Vegetable Fruit Cup  *Gluten free available  <b>26</b>	<b>Grilled Chicken Caesar Salad</b> Garlic Breadstick Dessert Treat  <b>27</b>	<b>Chicken Penne Pasta with Alfredo Sauce*</b> Steamed Broccoli Garlic Breadstick Fruit Cup *Gluten free available  <b>28</b>	<b>Chicken Mini Taco</b> Basmati Rice Pinto Beans Salsa Cup  <b>29</b>	<b>Grilled Cheese on Texas Toast*</b> Potato Smile Tomato Soup and Goldfish Crackers Birthday Cake *Gluten free available  <b>30</b>



Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.

*Daily Lunch Special Available at the Grill. See Grill Menu on the PA website or call 763-258-2535.*

*You can always get your menu questions answered by calling the Food Service Director at 763-258-2535.*

A beverage selection is included with all lunches. Students may choose from the following items:  
 Milk, Small Juice, Dannon Water.  
 Limit 2 per person.