

Providence Academy Lunch Menu

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Harvest of the Month Plum Rutabaga Sage	Prolits Grains Dairy Protein	Chicken Teriyaki Basmati Rice Steamed Vegetable Fortune Cookie	Hot Ham & Cheese Croissant Kettle Chips Carrot Sticks Fruit Cup	Grilled Cheese on Texas Toast* Potato Smile Tomato Soup Goldfish Crackers
	Choose MyPlate.gov			*Gluten free available
		1	2	3
Cheeseburger on a Bun* Tomato & Lettuce French Fries Dessert Treat *Gluten free available	Spaghetti with Meat Sauce* Garlic Breadstick Fruit Cup *Gluten free available	No School	Crispy Orange Chicken Basmati Rice Steamed Vegetable Fortune Cookie	Three Cheese Curly Macaroni* Breaded Tilapia Fillet Steamed Vegetable Fruit Cup
6	7	8	9	*Gluten free available 10
Chicken Tenders Steamed Baby Red Potato with Gravy Steamed Vegetable Fruit Cup	Penne Pasta with Meat Sauce* Garlic Breadstick Fruit Cup *Gluten free available	Soup & Half Sub Sandwich* Carrot Sticks Pudding Cup	Meatballs with Gravy Homemade Mashed Potatoes Steamed Vegetable Dessert Treat	Popcorn Shrimp Caesar Salad Garlic Breadstick Fruit Cup
13	14	15	16	17
Crispy Orange Chicken Basmati Rice Steamed Vegetable Fortune Cookie	Chef's Choice		No School	
20	21	22	23	24
Italian Dunkers with Meat Sauce Steamed Vegetable Fruit Cup	French Toast Sticks orButtermilk Pancakes Tri-Tator Sausage Link Yogurt Cup	Grilled Chicken Caesar Salad Garlic Breadstick Fruit Cup	Gemelli Pasta with Meat Sauce* Garlic Breadstick Birthday Cake *Gluten free available	Happy Chanksgiving



Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar. Daily Lunch Special Available at the Grill. See Grill Menu on the PA website or call 763-258-2535.

You can always get your menu questions answered by calling the Food Service Director at 763-258-2535. A beverage selection is includedwith all lunches.
Students may choose fromthe following items:
Milk, Small Juice, Dannon Water.
Limit 2 per person.