

## Providence Academy Lunch Menu

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Harvest of the Month  Grapefruit Onion Basil	No Sc	hool HAPPY NEW YEAR	Hot Ham & Cheese Croissant Carrot Sticks Kettle Chips Dessert Treat	Shrimp Cavatapi Pasta with Alfredo Sauce* Sugar Snap Peas Fruit Cup *Gluten free available
Chicken Tenders Baby Red Potatoes with Gravy Steamed Vegetable Dessert Treat	Tasty 'N Tender Burger with Cheese* Lettuce & Tomato French Fries Fruit Cup *Gluten free available	Gemelli Pasta with Meat Sauce* Garlic Breadstick Dessert Treat *Gluten free available	Oven-roasted Turkey Homemade Mashed Potatoes with Gravy Steamed Vegetable Dessert Treat	Popcorn Shrimp Caesar Salad Garlic Breadstick Fruit Cup
7	8	9	10	11
Crispy Orange Chicken Basmati Rice Steamed Vegetable Fortune Cookie	Beef Lasagna Small Caesar Salad Dinner Roll Strawberry Ice Cream	Grilled Chicken Caesar Salad Garlic Breadstick Fruit Cup	Spaghetti with Meat Sauce* Garlic Breadstick Dessert Treat *Gluten free available	Grilled Cheese on Texas Toast* Potato Smiles Tomato Soup with Goldfish Crackers  *Gluten free available
14	Cream Day!	16	17	18
No School  MARTIN LUTHER KING JR. DAY	Italian Dunkers With Meat Sauce* Steamed Vegetable Dessert Treat *Gluten free available 22	Chicken Teriyaki Basmati Rice Steamed Vegetable Fortune Cookie	Soup & Half Sub Sandwich Carrot Sticks Pudding Cup	Tri-Color Cheese Tortellini with Alfredo Sauce Steamed Broccoli Fruit Cup
Meatballs with		23 Chicken Mini	Grilled Chicken	25
Gravy Homemade Mashed Potatoes Steamed Vegetable Rice Krispy Bar	Spaghetti with Meat Sauce* Garlic Breadstick Fruit Cup  *Gluten free available	Tacos  Basmati Rice Pinto Beans Salsa Cup Fruit Cup	Penne Pasta with Alfredo Sauce* Broccoli & Grape Tomatoes Fruit Cup *Gluten free available	Pruits Crains Dairy Vegetables Protein Choose My Plate gov



Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar. Daily Lunch Special Available at the Grill. See Grill Menu on the PA website or call 763-258-2535.

You can always get your menu questions answered by calling the Food Service Director at 763-258-2535. A beverage selection is included with all lunches. Students may choose fromthe following items:

Milk, Small Juice, Dannon Water. Limit 2 per person.